

# Deconstruction to Reconstruction of the Shoulder Instructional Course

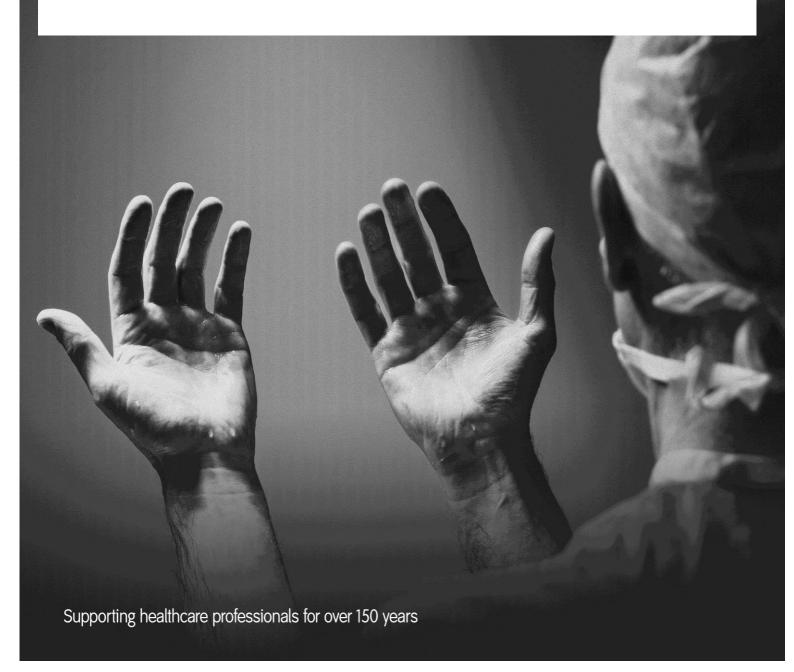
# **Preliminary Programme**

RCS

Chairmen: TBC

Expert Connect Centre, Croxley Green, United Kingdom

18 - 19 October, 2018



# **Description**

The Deconstruction to Reconstruction Advanced Shoulder Instructional Course takes a fresh look at surgery by combining specimen dissections with lectures and hands-on practice.

Held at the state-of-the-art Expert Connect Centre, the programme will focus on clinically relevant anatomy. Participants will practice advanced repair techniques and have the opportunity to exchange ideas and discuss complex cases with the expert faculty team.

Sessions will be led by a faculty of European experts and will include the following pathologies:

- Bone loss and instability
- Rotator cuff
- AC joint

Chairmen - TBC

Faculty - TBC

# **Learning objectives**

This course is designed to help participants:

- Demonstrate an in depth understanding of shoulder anatomy relevant to practice
- Explain the relationship between surgical intervention and shoulder biomechanics
- Describe the latest thinking in advanced shoulder techniques
- Demonstrate steps required to perform advanced repair techniques on cadaveric specimens

## Participant profile

- Experienced shoulder surgeons who are currently performing a high number of arthroscopic procedures including rotator cuff repairs and stabilisations
- Participants should be interested in more complex shoulder repair concepts including managing bone loss
- Participants should have an interest in the clinically relevant anatomy of the shoulder
- The course will be conducted in English, so it is essential that participants have a good understanding of the language

# Products and technologies



## SUTUREFIX ULTRA



**ULTRATAPE** 

# Thursday, 18 October

| Thursday, 18 October |               |   |                   |  |  |  |  |
|----------------------|---------------|---|-------------------|--|--|--|--|
|                      | Up to 12:30   | Individual Arrivals   |                   |  |  |  |  |
|                      | Session 1     | Introductory lectures   |                   |  |  |  |  |
|                      | 12:30 – 13:00 | Welcome and Introduction  | P. Wellings (S&N) |  |  |  |  |
|                      | 13:00 – 14:20 | Anatomy overview Dissections and discussion of upper hemi torso anatomy, overview of the shoulder | All               |  |  |  |  |
|                      | Auditorium Se | ssion 1   |                   |  |  |  |  |
|                      | 14:20 – 15:20 | Shoulder problems in Sport:   |                   |  |  |  |  |
|                      | 15:20 – 15:35 | S&N Instability Portfolio   | S&N               |  |  |  |  |
|                      | 15:35 –16:00  | Break   |                   |  |  |  |  |
|                      | 16:00 – 17:30 | Instability Lab Session   | All               |  |  |  |  |
|                      | 17:30         | Depart ECC to Holiday Inn Watford Junction Hotel  |                   |  |  |  |  |
|                      | 19:30         | Meeting hotel reception and transfer to restaurant  |                   |  |  |  |  |
|                      | 20:00         | Course dinner, Dickinson Suite, Shendish Manor Hotel  |                   |  |  |  |  |
| Friday, 19 October   |               |   |                   |  |  |  |  |
|                      | 07:30         | Departure from Holiday Inn Watford Junction hotel to  |                   |  |  |  |  |
|                      | Expert Connec | ct Centre, Croxley Park, WATFORD  |                   |  |  |  |  |
|                      | Auditorium Se |   |                   |  |  |  |  |

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|                      | Short videos following discussion                              |     |  |  |  |
|----------------------|--|-----|--|--|--|
| 08:45-10:30          | Rotator Cuff Lab Session                                       |     |  |  |  |
| 10:30 –10:45         | Break  |     |  |  |  |
| Auditorium Session 3 |  |     |  |  |  |
| 10:45 – 12:00        | Intra-operative complications/problems How do you handle them? |     |  |  |  |
| 12:00 –12:45         | Cases by faculty Lunch   | All |  |  |  |
| 12:45 – 13:45        | Free Lab Session/participant dissections                       | All |  |  |  |
| 13:45 – 14:00        | Course wrap up and evaluation session                          |     |  |  |  |
| 14:00                | Depart   |     |  |  |  |

07:45–08:45 Tips and Tricks in Shoulder Repair Surgery

## **Course Fees**

Registration fee covers course dinner, accommodation (one night), ground transportation during programme, instructional course attendance, course materials and refreshments.

## Course venue

Smith & Nephew Expert Connect Centre Croxley Park Building 5 Hatters Lane Watford WD18 8YE United Kingdom

#### Hotel

Holiday Inn Watford Junction Hotel 65 – 7 Clarendon Road Watford WD17 1DS

## Course dinner

Dickinson Suite Shendish Manor Hotel London Road Hemel Hempstead HP3 0AA

## Organiser

Paul B Wellings ENT & Sports Medicine Content Delivery Manager Telephone +44 (0) 7971 154 707 Email: paul.wellings@smith-nephew.com

#### **Course Certificates**

Delegates will receive a certificate of attendance on completion of the course. Such certificate of attendance will be delivered only to delegates who attend all of the course, unless there are exceptional circumstances. Any exceptions for legitimate reasons will be assessed by the course organiser.

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